AAS Polysomnography Technology (PSGT)

Program Information and Application Guide

BECOME A SLEEP TECHNOLOGIST

Sleep technologists conduct diagnostic sleep studies, monitor physiologic signals, support treatment procedures, educate patients, and work with sleep medicine teams. Temple College offers an Associate of Applied Science degree designed to prepare graduates for entry-level polysomnography practice and the national RPSGT credentialing examination.

Program at a Glance

Program detail	Information
Degree	Associate of Applied Science in Polysomnography
Program sequence	Four semesters after completion of prerequisites
Total degree hours	60 semester credit hours
Clinical education	Three clinical courses over three semesters totaling 672 clinical contact hours by program completion
Program start	The PSGT program starts every spring
Accreditation	The Polysomnography Technology Program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) upon the recommendation of the Committee on Accreditation for Polysomnographic Technologist Education.

Important Dates

IMPORTANT DATES

Application deadline: November 12, 2026
Next Information Sessions: October 22, 2026 and November 12, 2026
More information: Temple College PSGT website

Contact

Polysomnography Technology Department
Email: psgt@templecollege.edu
Phone: 254-298-8664
Program webpage: Temple College PSGT program webpage
Located at: Temple College Health Sciences Building, 11 East Marvin R. Felder Drive, Temple, Texas 76504

How to Apply

Complete each step in order. Admission to Temple College does not guarantee admission to the Polysomnography Technology program.

1. Attend an Information Session

Attend a face-to-face program information session according to the published PSGT schedule.

2. Apply to Temple College (not the Polysomnography Technology program yet)

Complete the Temple College admission process and be accepted to the college. Submit official transcripts from all colleges attended to Temple College Admissions and Records for credit transfer and evaluation.

3. Complete Program Prerequisites

Complete all prerequisite courses before the PSGT program begins. The PSGT program starts every spring semester.

4. Complete Readiness Testing

Meet applicable TSI requirements and earn an ATI-TEAS overall composite score of at least 60% for acceptance to the program.

5. Apply to the PSGT Program

Submit the PSGT application and all supporting records before the published deadline. Apply even if completing any prerequisites during the fall semester prior to the spring start.

Required Prerequisite Courses

Course	Course title
BIOL 2401	Anatomy and Physiology I
BIOL 2402	Anatomy and Physiology II
HPRS 1304	Basic Health Profession Skills

Applicants with a valid healthcare credential should consult the PSGT department about possible substitution of HPRS 1304. Biology courses are generally expected to be completed within 10 years, with individual review when older.

Polysomnography Technology Program Application Materials

- Submit a completed PSGT Program application in person.
- Include unofficial transcript copies with relevant coursework highlighted for review.
- Copies of any healthcare credentials for review.
- ATI-TEAS overall composite score of at least 60%. If HESI was already taken, submit test results with a minimum score of 75% or above.
- Two letters of reference from individuals familiar with the applicant's work, academic performance, or character.
- Health and immunization documentation as directed by the program.

After Acceptance

Admission is conditional until all clinical and program-entry requirements are completed.

Pre-Clinical Requirements

- Criminal background check and drug screening will be ordered by the PSGT program when needed. Do not complete either requirement until instructed by the PSGT program.
- Pre-entry physical examination and medical clearance.
- Tuberculosis screening and required immunizations.
- Basic Life Support/CPR training as directed by the program.
- Program orientation.
- Ability to meet published technical and physical standards.
- Reliable transportation to assigned clinical sites.

Academic and Clinical Expectations

- Maintain a minimum cumulative 2.0 GPA on a 4.0 scale (minimum C average).
- Earn a grade of C or better in required coursework to progress.
- Complete classroom, laboratory, and clinical competencies.
- Maintain eligibility for placement at affiliated clinical facilities.
- Complete required comprehensive and exit examinations.
- Follow attendance, conduct, privacy, safety, infection-control, and professional standards.

Program Commitment

PLAN FOR DAY, EVENING, AND NIGHT RESPONSIBILITIES

Polysomnography education includes classroom instruction, skills laboratory practice, and clinical experiences. Because sleep studies are commonly performed overnight, students should plan for nontraditional clinical hours and travel to assigned clinical sites.

Curriculum Sequence

Term	Courses	Hours
Spring - Semester 1	PSGT 1205, ENGL 1301, PSGT 1440, PSGT 1400, PSGT 1215	15
Summer - Semester 2	PSGT 1360, PSGT 2411, PSGT 2205	9
Fall - Semester 3	RSPT 1237, PSGT 2561, PSGT 1310, Humanities/Fine Arts elective	13
Spring - Semester 4	PSGT 1171, PSGT 2250, PSGT 2662, Social/Behavioral Sciences elective	12

The 60-hour degree includes 11 prerequisite hours plus 49 hours in the four-semester program sequence.

Graduation and Credentialing

Graduates must complete all required PSGT, general education, clinical, competency, and comprehensive examination requirements. The AAS curriculum provides the educational and clinical preparation associated with eligibility to apply for the Registered Polysomnographic Technologist credentialing examination through the Board of Registered Polysomnographic Technologists.

What Graduates Are Prepared to Do

- Prepare patients and equipment for sleep studies.
- Acquire and monitor physiologic signals during diagnostic and therapeutic procedures.
- Recognize artifacts and troubleshoot recording equipment.
- Apply sleep staging and scoring principles.
- Support positive airway pressure titration and other ordered interventions.
- Provide patient education and document care.
- Use critical thinking, teamwork, ethical conduct, and professional communication.

Important Licensing Information

IMPORTANT LICENSING INFORMATION

Some healthcare careers in Texas require a state license, certification, or registry before you can work in that profession. Applicants may be required to provide documentation showing U.S. citizenship or lawful presence in the United States. Meeting the requirements to enter or complete a college program does not necessarily mean that you will meet the requirements for professional licensure or certification. Students should review the requirements of the appropriate Texas licensing or regulatory agency before enrolling.

Estimated Program Costs

Residency category	Estimated total
In-District	**$13,269**
Out-of-District	**$18,329**
Out-of-State/International	**$23,281**

Estimated totals include prerequisite coursework and identified program-related expenses.

Estimated Cost Disclaimer: Program costs are estimates and are subject to change. Actual costs may vary based on residency, current tuition and fee rates, previously completed coursework, and individual student requirements.

For the most current cost information, attend a Polysomnography Technology Information Session and review the Temple College PSGT program webpage.